



Recommended Reading List

- Journey of the Adopted Self: A Quest for Wholeness* by Betty Jean Lifton (ISBN 0-465-03675-9)
- The Primal Wound: Understanding the Adopted Child* by Nancy Newton Verrier (ISBN 0-9636480-0-4)
- The Adoption Triangle: Sealed or Opened Records – How They Affect Adoptees, Birthparents, and Adoptive Parents* by Arthur Sorosky, Annette Baran, Reuben Pannor (ISBN 0-931-72259-4)
- The Other Mother: A Woman's Love for the Child She Gave Up for Adoption*
by Carol Schaefer (ISBN 0-939-14941-9)
- Wake Up Little Susie: Single Pregnancy and Race Before Roe Vs Wade*
by Rickie Solinger (ISBN 0-415-90448-X)
- The Family of Adoption* by Joyce Maguire Pavao (ISBN 0-8070-2800-2)
- May the Circle be Unbroken – An Intimate Journey into the Heart of Adoption*
by Lynn C Franklin with Elizabeth Ferber (ISBN 0-609-80480-4)
- How to Open an Adoption: A Guide for Parents and Birthparents of Minors*
by Patricia Martinez Dorner (ISBN 0-9641035-8-3)
- Seeds From a Silent Tree – An Anthology by Korean Adoptees*
edited by Tonya Bishoff & Jo Rankin (ISBN 0-9659360-0-7)
- Soul Connection – Memoir of a Birthmother's Healing Journey*
by Ann H. Hughes (ISBN 0-9614053-2-5)
- Adoption Healing . . . a path to recovery* by Joe Soll (ISBN 0-9678390-0-9)
- Courageous Blessing – Adoptive Parents & The Search* by Carol L. Demuth (ISBN 1-884319-02-5)
- The Psychology of Adoption* by David Brodzinsky & Marshall Schechter (ISBN 0-19-508273-7)
- Where are my Birthparents?* by Karen Gravelle & Susan Fischer (ISBN 0-9027-8257-4)
- Second Choice – Growing Up Adopted* by Robert Andersen (ISBN 0-9632648-4-2)
- Birthright: The Guide to Search and Reunion for Adoptees, Birthparents and Adoptive Parents*
by Jean A.S. Strauss (ISBN 0-14-051295-0)
- Out of the Shadows: Birthfathers' Stories* by Marv Martin (ISBN 0964625911)
- Synchronicity and Reunion: The Genetic Connection of Adoptees and Birthparents*
by LaVonne Harper Stiffler (ISBN 0-9634410-0-0)
- Lost and Found: The Adoption Experience* by Betty Jean Lifton (ISBN 0-06-097143-0)
- Ithaka – a daughter's memoir of being found* by Sarah Saffian (ISBN 0-465-03618-X)
- A Man and His Mother* by Tim Green (ISBN 0-06-039217-7)

Especially for Children

- Tell Me a Real Adoption Story* by Betty Jean Lifton (ISBN 679-90629-0)
- Stella Luna* by Janell Cannon (ISBN 0-15-280217-7)